



Philippine Heart Center



WE CARE FOR YOU: Total Wellness for EVERYONE!

The Psychiatry and Behavioral Medicine/CHEERS is offering free online and/or phone counselling and emotional support for PHC staff and their families.

**Mental Health Support via phone, text or videocall.
To make a schedule. Please text
09436659876 / 09209093217**

*Please include your name and
designation.
(Everything will be Confidential)*