

# Highlights of Accomplishments

## RESEARCH

The Philippine Heart Center is a center of excellence in cardiovascular research and development. The scope of research includes hospital-based development of diagnostic and therapeutic procedures and community-based prevention of cardiovascular diseases.

The division of Preventive Cardiology started in 2009 a community-based program for the prevention and control of cardiovascular diseases in a Gawad Kalinga housing project (GK Ruby) in East Fairview, Quezon City. The program was planned to be a service-oriented research. In 2010, the research program undertook the following activities:

- ♦ Training of community leaders and health care volunteers on primary prevention and control of cardiovascular diseases (CVD)- 42 leaders trained
- ♦ Census of the community population concluded in May 2010 – 432 households
- ♦ Screening for CVD risk factors among the 40 years and above population - 482 screened from January to September 2010
- ♦ Medical treatment/follow-up consults of patients with hypertension and diabetes - 212 patients seen

### Number of Researches Completed

	2009	2010
Medical	107	136
Nursing	8	8

